

LAYLA MAJNUN: LITERATURE PSYCHOLOGICAL STUDY**Megan Asri Humaira**^{1a}¹*Faculty of Teacher Training and Education, Djuanda university, Jl. Tol Ciawi No.1 Bogor, West Java, Indonesia*Corresponding Author E-mail address: megan.asri@unida.ac.id

Abstract Novel works usually raise various phenomena that occur in the community. These interesting works can influence the soul of the reader so that they can dive in and appear to be present in the story. In literary psychology novel is *Laila Majnun's* very appropriate to study because it can see the psychological phenomenon experienced by the main character of the story, Layla and Majnun. The method used in this research is descriptive qualitative method. Representation of human behavior seen through the figures Majnun, Layla, and Syed Omri who experienced chronic frustration, so that ended in death.

Keywords: language, novel, psychology, literature.

1. INTRODUCTION

Talking about psychology means talking about human life (Hasan, Sardjowidjojo, Lapoliwa, & Moelieono, 2003). It is said so because it departs from the basic concept of psychology, that psychology is the study of the soul. By studying psychology, a person is able to read or study the aspects of human life in terms that can be observed. The soul is abstract, so it can be observed empirically. Though the object of study of each science must be observed individually. In this case the "soul" or "state of the soul" can only be observed through its symptoms. Although it is probable that someone's gestures were born that would not necessarily describe the actual state of the soul.

In psychology it is also known about the psychology of literature, where literature itself is an area of human culture that is the oldest that precedes other branches of culture (Ayendi, 2013). The work system of literary psychology is not the same as other psychology. Literary psychology is more directed to extensive research that is characterized by research on a limited number of respondents. And also often apply new research methods to test hypotheses formulated in an earlier phase. Literature is the result of human creation or work that can be poured through expressions in the form of writing using language as the medium (Sayogie, 2014). Besides literature is also the work of someone who is expressed through beautiful writing, so that the work enjoyed has aesthetic value and can attract readers to enjoy it.

These beautiful works in literature in the form of short stories, poetry, novels and drama (Penta, 2017). In this study the writer will dissect a novel. Novel works usually raise various phenomena that occur in the community. These interesting works can influence the soul of the reader so that they can dive in and appear to be present in the story.

In novel *Laila Majnun's*, it can be seen the presence of psychiatric phenomena experienced by the main characters of the story, Layla and Majnun (Erwany, 2009). Majnun and Layla were frustrated because their love could not be realized in the world, their love was blocked because of Layla's parents' arrogance and binding customs. Meanwhile Syed Omri was frustrated because he failed to make Majnun happy. To overcome frustration, they make adjustments or defense mechanisms.

2. METHODS

The method used in this research is descriptive qualitative method. Descriptive method is a method used to describe an event that occurs. The qualitative method is a method that maintains the nature of values (Ratna, 2004). This method is used to understand the facts behind the reality that can be seen or sensed directly. This is continuous with the statement that the understanding gained through cultural research does not come by itself or is expressed directly by the cultural reality, but is reflected, interpreted or interpreted, and reconstructed by researchers (Ratna, 2004).

3. RESULTS AND DISCUSSION

The influence of 'love' on psychiatric disorders in the characters Qais and Layla uses the study of psychological characterizations.

1. The Nature of Love for Qays and Layla (Psychological Review)

Layla Majnun's novel is very interesting to study from the field of psychology. Certainly remain in the shadow of literary theory, not pure psychology. Making it possible for researchers to examine more deeply the psychology that is in the main character of this novel. In addition, this Layla Majnun novel is a famous novel in the international universe. It could even be considered the best-selling and phenomenal romance novel in the history of prose. One of the strengths of this novel lies in the inner suffering experienced by the characters Qays and Layla as the two main characters. The mental afflictions experienced by these two figures, lead to behavior that deviates from normal human nature. This is caused by the prolonged frustration experienced by Qays and Layla. Qays really loved Layla, and vice versa. Qays love for Layla cannot be equated with his love for anyone in this world. He is willing to live in pain and death for the sake of maintaining that love. Likewise with Layla. But unfortunately their love is unrequited because it is based on the pride and prestige of Layla's parents to the Qays family. So Layla's parents forbade and did not approve of their relationship. Although the seeds of their love are forbidden, but Qays remain loyal to Layla. But because Layla was a woman, she could not do anything as Qays did in venting her love.

Custom in Arab society forbidding women who have played outside from home is prohibited. This also applies in the Layla family. He must enter the seclusion period. She is the only daughter in the family. Until the problem mate has been arranged by his parents. Causing Layla to suffer severe mental illness, because of the behavior of his parents forbid dating with Qays. He has an arranged marriage with a man chosen by his father. Make Layla's love for Qays who have been growing in his heart more frozen, dry, so that love is not conveyed throughout life.

Suffering experienced by the two main figures, would be very interesting if examined in the psychology of characterizations. Characterization psychology will provide an overview of individual activities, both motorized, cognitive, and emotional activities. These activities are behaviors as manifestations of psychology. So that this research seemed right to examine deeper the sense of love that bound both Qays and Layla figures. Because love is forbidden that makes them die, without feeling the happiness of each breath that they can actually feel when they are alive.

2. Analysis of Psychiatric Disorders Experienced by Qays and Layla Due to the Effects of Love

At this stage of the analysis, the researcher will try to examine more deeply the psychological problems of the Qays and Layla characters caused by the influence of love. The analysis was started from the foam of love growing in the hearts of both of them; the problem of Layla's parents' disapproval over their relationship; mental turmoil will be frustrated, discouraged, pessimistic; the cause of psychiatric disorders of both figures; until the cause of death of the two characters, only because of love they are not delivered.

The following are the results of the analysis conducted by the researcher about the psychiatric disorders of the characters, which can be known from several psychiatric behavioral disorders experienced by the Qays and Layla figures.

a. Between Education and Love

Basically education is important for humans. Education is the key to the future, everyone's grip whether in the time of children, young, adult or old (Ministry of National Education, 1991) (Damaianti & Sitaresmi, 2006). But the fact is education for young people now mostly considers education is not an important thing that must be prioritized. For them education is merely a formality. Just as experienced by the characters Qays and Layla in the novel *Layla Majnun*.

Both figures experienced as well as the problems of young people. Those who are supposed to be busy studying at school are disturbed only by the thought of love. Qais who was originally clever, manly and came from a respectable tribe, became *majnun* alias crazy, because he fell in love with a girl in his class named Layla. This event occurred during the teaching-learning process in the classroom. This can be seen from the novel quote.

Qays himself since the first time seeing the glow of the beauty of that light, his soul immediately trembled. He seemed to feel the earth shaking violently, to knock down the joints of his desire to study. Qays had never seen the beauty of Layla's face. And Qays has truly fallen in love with Layla, the beautiful rose. The fragrance of love has struck his peace of mind. Fluctuation of passionate love in the soul makes him lose his mind, to forget to learn and forget to eat. Every second, nothing crossed his mind except Layla's beautiful eyes. There is no voice that is more melodious than the voice Layla (Nizami)

Neither experienced by the character Layla. He also experienced mental turmoil as experienced by Qays. His study time was interrupted because of thinking about love, since he saw the figure of Qays who was known to be good at talking in his class. His heart was stunned when he first saw it. Actually Layla is also the type of child who thinks smarter than other female friends. But because of the power of love he was incited and fell into the contempt of love.

Qays do not hang smoke, unrequited. Layla's beautiful rose in the Nirvana garden has been interested in Qays since he first met. The girl saw the intoxicating charm of Qays. For him, Qays was like a drink glass, increasingly looked more and more thirsty. Like Qays, Layla's admiration for the young man of his dreams was only able to be expressed through poetry. (Nizami).

b. Parents and Love

Psychologically the role of parents for children is to direct the child to his behavior or morals, both in behaving to oneself or to others (Erwany, 2009). In addition, parents also have the obligation to educate the child to use his time between learning and playing. And of course parents have the authority to guarantee their education and determine the future of their children. Just as did Layla's parents. At a young age Layla was schooled in one of the favorite schools in his country. He was given the freedom to receive his education. But on the other hand Layla's parents also gave signs to her daughter, so as not to fall prey to the restrictions in her family. One of them Layla's parents, forbade him to fall in love with the opposite sex. Because the problem of matchmaking already has its own choice in his family. In fact, when Layla's parents heard that her daughter was in love with one of the young men at her school, she was very angry. Even what his daughter did for him was tantamount to an act of self and family pride. This can be known from the novel excerpt as follows.

The wind blows bringing romance to the girl's family. The news was like black charcoal which offended the Bani Qhatibiah, their pride was tarnished. Isn't there a saying that it is better to lose a life than to have to bear the shame? It's better to sever the spirit of love than to continue to bear disgrace. That is what Layla's father (Nizami) thought.

For the actions of his daughter, Layla's father suffered a heavy mental burden or frustration. In fact he was resigned to the deeds done by his daughter. And for him to deal with his family's problems, he decided to lock Layla in his room and forbid his daughter from leaving the house, or going to school.

Anger that overflows often makes people mistake and not think long. Likewise, the temper that had mastered Layla's father's mind. They no longer care about the fate of his daughter. His decision was unanimous, no one could argue. There is only one way to eliminate shame, which is to lock Layla in the house. Not allowed to go to school or meet up with friends. (Nizami)

Layla's father's feelings are different from what Qays's father felt after knowing his son was in love. Syed Omri was always restless and worried about the state of his only son's soul. This can be seen from the story quote below.

The departure of Qays made Syed Omri nervous. The old man was so worried about the fate of his son. Blistering blows of sadness made him look older, wrinkles on his face no longer shine, as if he had lost his spirit (Nizami).

c. Prohibition and Strengthening the Rope of Love between the Two Characters No

matter how hard the rocks in the ocean, it's so easy for a pair of lovers to form a bond blocking it. Like the power of love that exists between Qays and Layla. Even though Layla's parents blocked their love, but the inner bond that had been deeply entwined in their hearts could not be torn down. The more they are forbidden to meet, the stronger the bond of love they bind in the soul. The following excerpts of novels that support.

After Qays realized that Layla was surrounded by his parents, a sense of remorse arose for not being able to keep their secret meetings. Likewise Layla, at home his mind always imagines Qays. They are both experiencing the misery of being separated, they fill the fate that befalls and leaves a chest. Like a baby who is not satisfied with sucking in his mother's breast then forced to separate, so

the soul Qays. He is like a flower not finished. His soul screamed, calling the name of Layla, a lover who was snatched from his hands. Beautiful dreams at night now turn into a storm that devastated his heart. His soul was shaken, and his common sense floated into the air, wandering in search of Layla. (Nizami)

In addition to the above quote, which supports that the power of love between Qays and Layla is also strengthened from the excerpt of the contents of the novel below. Suddenly Qays's gaze shifted to a corner of the house, there appeared the shadow of Layla. No, not a shadow, but indeed Layla. Both insane, whose hearts are bound together, will feel vibrations if the lover of their hearts is present (Nizami).

d. Qays Anxiety and the Madness of Love

Anxiety is an effect of one's inner calmness, mind and soul over a whacking problem (Humaira, 2015). The same thing is felt by the Qays. He felt the anxiety of his soul and mind because he missed his idol lover who was not present at his side. Qays experienced severe frustration and a deep longing. Until the feeling of waiting in him, made him unaware that the excitement would grab him.

Qays no longer care about his physical and spiritual condition. In his mind only one crossed, the expected figure of Layla was present beside him. Qays are consumed by lust. Lust because of love that is not conveyed. Make him considered someone else has gone crazy. Qays became restless, not for a moment he was able to close his eyes. When the night came, Qays secretly left the house, walked indefinitely, through the thickets, toward the wilderness with unsteady steps. (Nizami)

But more people consider Qays to have lost his mind. If he walks in villages with bare chests, people will call him Majnun, the madman. And small children will follow in steps from behind while throwing stones. (Nizami).

Even though Qays was tortured because of the fate that always opposed him. While the desire can not be subdued, making him forget the nature of his own life. Even though the madness he experiences inspires the beautiful language of literature, and the sincerity of the soul in the pain of love, still the term majnun cannot be denied

e. Love and Death

Love that gives birth to love can manifest in various things but one that is certain in love requires care and awareness, because without both love and affection there will never be any meaning. That is what Layla experienced, her life now feels empty of the absence of her lover. How could he pay attention to his health if all he could think about was Majnun? Laila herself knew very well that she would not be able to last long.

Eventually, Layla suffered from a severe cough that had bothered him for several months to undermine his health. Until his death. When Laila was dying and dying, she was still thinking about Majnun. If only he could meet her one more time. Layla just opened his eyes to look at the door in case his girlfriend came. However, he realized that his time was up and he would leave without successfully saying goodbye to Majnun. One winter night, with his eyes still staring at the door, he died quietly while muttering. The following quotations support.

"Mother! My time has arrived, you don't need to scold me again. because after this there's nothing else, that I'm hiding. Even though it might be all in vain, I tell you this, because the heavens have been pleased to hear my prayer to return me to eternity. " (Nizami). The grieving mother looked at her daughter silently. Although his lips tried to smile, but he still worried when he saw a scary change. So deep was her daughter's sadness, that she shivered and fell on the bed, and would never rise again. The thread of his life has broken! Layla's breath, which originally flowed one by one, suddenly weakened, and his heart no longer throbbed. the beauty of the girl was stored in a trail of mute death. The sky cries too. (Nizami)

The news of Laila's death spread throughout the country and, shortly after, the news of Layla's death was heard by Qays. Hearing the news, he immediately collapsed in the middle of the Sahara desert and remained unconscious for several days. When he regained consciousness and regained consciousness, he immediately left for the village of Layla. Barely able to walk anymore, he dragged his body on the ground. Qays continued without stopping until they reached Layla's grave outside the city. He was mourning his burial for several days. And when Layla's tomb was seen before him, Qays fell down and tears flowed down the ground where he lay. All of Qays' joint bones are separated, his body no longer has strength. He could only crawl toward the Layla tomb. Then his hand hugged the tomb tightly, as if he didn't want anyone else to take it. He whimpered, hitting and clawing his thin chest, until blood trickled down Layla's gravestone. (Nizami).

Then Qays, when he found no other way to ease the burden of his suffering, he slowly put his head on Layla's grave. Without any cause and effect Qays breathed his last. He died peacefully. The following excerpts of stories that support. The longer the Qays sound is getting weaker. The wings of death have invited him to fly to meet Layla the lover in the eternal realm. The gates of death have opened, and invited him to leave the mortal world. Death that picks up does not leave a mark of suffering. Qays face looks like he was sleeping. His head was lying on a tombstone, while his body was like hugging the burial ground that holds the body of his lover. (178). According to the story, the Qays' remains remained on Layla's grave for a year. Before the anniversary of his death when all his friends and relatives visited his grave, they found a body lying on top of Layla's grave. Some of his school friends recognized and knew that it was Qays body that was still fresh as if it had just died yesterday. Finally he was buried next to his lover Layla. Although these two lovers no longer live in the world, but now they can unite in the eternity of true love.

4. CONCLUSION

Representation of human behavior seen through the figures Majnun, Layla, and Syed Omri who experienced frustration. Majnun and Layla are frustrated because their love cannot be realized in the world. Their love is hindered because of their parents' arrogance and binding customs. Meanwhile Syed Omri was frustrated because he failed to make Majnun happy. They experience chronic frustration, which ends in death.

Love can sometimes not be realized in one marriage bond. Many obstacles and obstacles that must be faced. So is the case with love Layla and Majnun. Their love cannot be united in the world. This is what causes them frustration.

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